

Department of Disease Control

Weekly Disease Forecast No. 122_Influenza (21 – 27 August 2017)

According to the national disease surveillance system, during 1 January – 15 August 2017, there were 67,233 influenza patients with 10 deaths. Most of the influenza cases were found in 15 - 24 years, 10 - 14 years, and 25 - 34 years age groups respectively. Provinces with top five influenza morbidity rates were Rayong, Bangkok, Chiang mai, Chanthaburi and Lamphun respectively.

During this week, there are reports of 2 clusters of Influenza-like-illness (ILI) patients in Bangkok and Tak province. There are also 2 deaths suspected of Influenza.



According to this week disease forecast, influenza will continue to occur during its seasonal period in rainy season which will last until October.

The Department of Disease Control advises people to protect themselves well from the disease by eating good food, and having enough sleep and regular exercise. Preventive measures should be followed, i.e. “cover, wash, avoid, and be absent”
Cover - wear face masks when having symptoms of flu such as coughing, sneezing, and runny nose; **Wash** - wash hands often; **Avoid** - avoiding close contact with ILI patient; **Be absent** - patients with flu symptoms should be absent from school, work, and activities in crowded or poorly ventilated places to prevent the spread of influenza virus to others. Influenza patient needs symptomatic care, enough drinking water and rest for fast recovery.

Patients with high fever, muscle aches and cough, especially people at high risk of serious influenza, i.e. pregnant women, young children aged 6 months - 2 years old, people with underlying chronic diseases (such as COPD, asthma, heart disease, diabetes), the elderly, and obese people should seek a medical care immediately. For others who take medicines to relieve influenza illness but symptoms do not improve within 2 - 3 days, an urgent hospital care is also needed.

For queries or additional information, please call DDC hotline 1422.



กรมควบคุมโรค
Office design co.,ltd.
★★★★★

FREE